



BRIDGING
HEALTHCARE &
COMMUNITIES

INTERNATIONAL NON-COMMUNICABLE DISEASES EXHIBITION & CONFERENCE



International NCD Conference

10th - 12th October 2025



INTRODUCTION

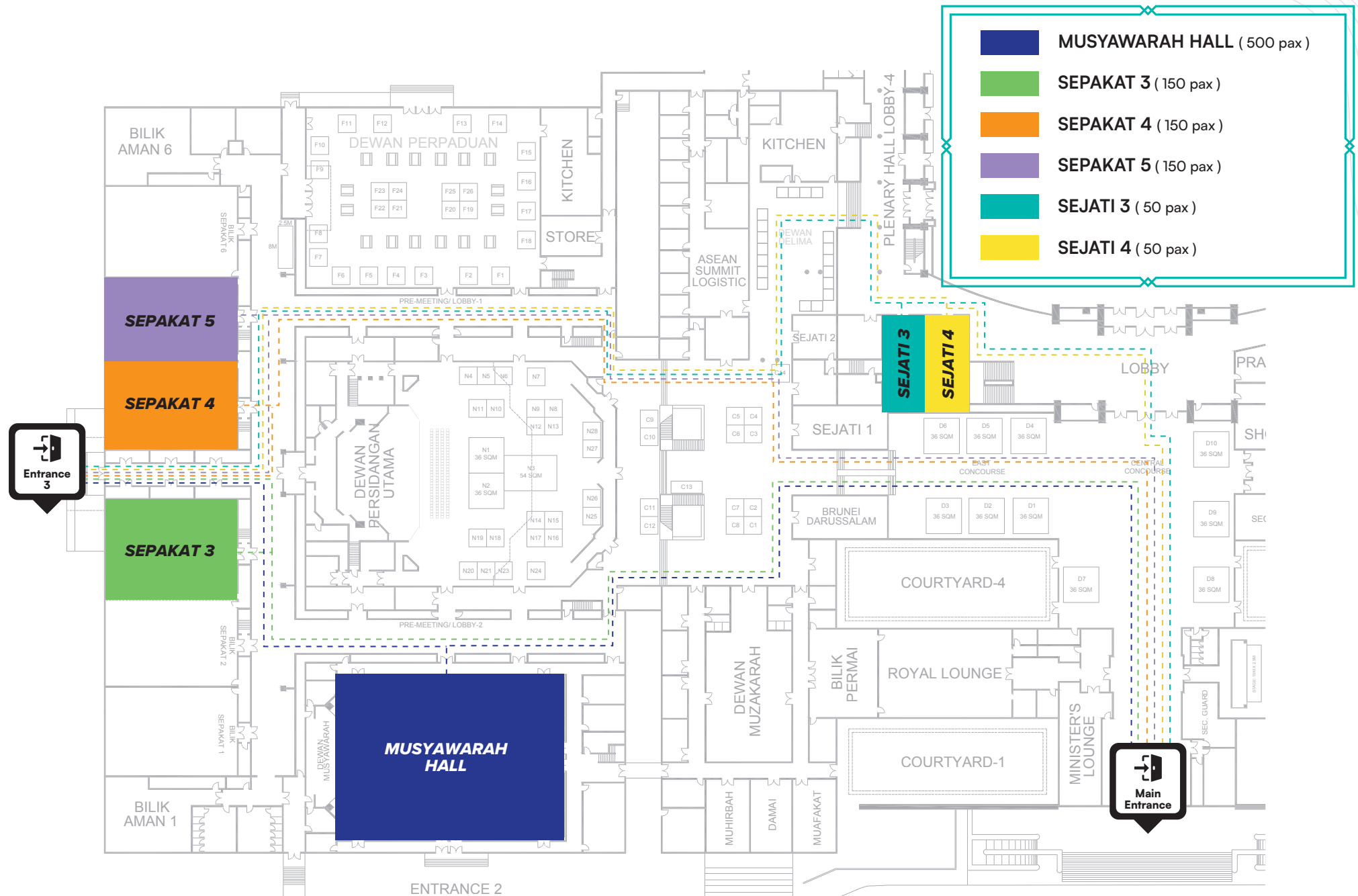
THEME:

Bridging Communities & Healthcare

This October, Brunei Darussalam will become the beating heart of a global movement for better health. For the first time ever, the nation will host a vibrant, international celebration of innovation, science, and community spirit—**the International NCD Conference & Exhibition**. This landmark event is more than a conference; it's a call to action, a showcase of possibility, and a gathering of minds united against the silent epidemic of **Non-Communicable Diseases (NCDs)**—including heart disease and stroke, cancer, diabetes, obesity and chronic respiratory conditions—that affect three out of four lives in Brunei.

Over three transformative days, the International NCD Conference will ignite Brunei's role as a regional hub for health innovation—uniting global experts, local leaders, and visionary thinkers to explore the future of wellness. From Healthy Aging and Digital Health to Metabolic Health, Healthcare Professional Development, Lifestyle and Public Engagement, this immersive experience will dive deep into the strategies that shape healthier lives and communities. Expect a vibrant mix of lectures, fireside chats, hands-on workshops, elevator pitches, research presentations, and a research incubator—designed to spark curiosity, inspire action, and connect evidence with everyday impact. Whether you're a policymaker, practitioner, entrepreneur, or engaged citizen, this is your opportunity to be part of a movement that blends science, lifestyle, and hope for a brighter, healthier future.

FLOORPLAN



PUBLIC ENGAGEMENTS

Day 1 — Wednesday, 8th October 2025

Time	Plenary Hall @ Musyawarah Hall	Parallel Room 1 @ Sepakat 3	Parallel Room 2 @ Sepakat 4	Parallel Room 3 @ Sepakat 5	Parallel Room 4 @ Sejati 3	Parallel Room 5 @ Sejati 4
8:30 AM — 11:30 AM	Demonstration CPR & BEFAST Demonstration Games Traditional Games & Activities	Obesity Overweight and Obesity: What You Need to Know <i>Dr Adibah Salleh, Medical Officer, Endocrine Centre, RIPAS Hospital</i> Foods, feelings and choices: Why we eat the way we do? <i>Dk Siti Nor Fatin Hafizah binti Pg Samsu Clinical Psychology Unit</i>	Mental Health Looking After your mental Health & Managing Stress <i>Nor Syahmun Matassan</i>	WorkWell Summit by JPMC From Policy to Practice: Building a Culture of 'Sejahtera' in Healthcare <i>J. Tracy Ramantan-McGlynn, Senior Human Resources Officer, Associate CIPD, JPMC</i> Best HR Practices: Shaping Health and Performance Through Workplace Wellness <i>Salehin Basir, FCIPD, Chief People Officer, JPMC Najib Annuar, FCIPD, Acting Assistant Chief Human Resources Officer, Bank Islam Brunei Darussalam Chiam Chin Huei, Deputy Head of Group Human Resources, Baiduri Bank</i> Moderator: J. Tracy Ramantan-McGlynn, Senior Human Resources Officer, Associate CIPD, JPMC	Evidence-Based Wellness Policies in the Bruneian Workplace <i>Haji Mohammad Zulfan Farhi bin Haji Sulaini Certified Corporate Wellness Specialist & Founder of JIWA</i>	From Overwhelm to Clarity: Self-Coaching for Emotional Wellbeing <i>Juliana Lim Holistic Wellbeing Coach</i>
12:00 PM — 1:30 PM: Lunch Break						
1:30 PM — 4:30 PM	Demonstration CPR & BEFAST Demonstration Games Traditional Games & Activities	Obesity Overweight and Obesity: What You Need to Know <i>Dr Adibah Salleh, Medical Officer, Endocrine Centre, RIPAS Hospital</i> Foods, feelings and choices: Why we eat the way we do? <i>Dk Siti Nor Fatin Hafizah binti Pg Samsu Clinical Psychology Unit</i>	Mental Health Looking After your mental Health & Managing Stress <i>Nor Syahmun Matassan</i>	WorkWell Summit by JPMC The Different Drivers of Burnout in Diverse Workplaces in Brunei <i>Haji Mohammad Zulfan Farhi bin Haji Sulaini, Certified Corporate Wellness Specialist & Founder of JIWA</i> Bridging The Gap: Mental Health Strategies Across Generations in Organisations <i>Todd McPherson, Counselling Psychologist & Director, Clarity Sdn Bhd Nurahlina Alli, MCIPD, Senior Human Capital Development Associate, Darussalam Assets Lailia Li, Country Head, Human Resources Standard Chartered Bank Brunei</i> Moderator: Azeem Kamarulzaman, FCIPD, Senior Human Capital Development Associate, Darussalam Assets	ASEAN Centre for Active Ageing and Innovation (ACAI) Independent Review Panel Meeting	ASEAN Centre for Active Ageing and Innovation (ACAI) Board Meeting

End of Day 1

PUBLIC ENGAGEMENTS

Day 2 — Thursday, 9th October 2025

Time	Plenary Hall @ Musyawarah Hall	Parallel Room 1 @ Sepakat 3	Parallel Room 2 @ Sepakat 4	Parallel Room 3 @ Sepakat 5	Parallel Room 4 @ Sejati 3	Parallel Room 5 @ Sejati 4
8:30 AM — 11:30 AM	Demonstration CPR & BEFAST Demonstration Games Traditional Games & Activities	Fit & Fun: Let's Play For Health	Healthy Habits, Healthy Teeth	Tobacco: Don't Start, Stay Smart	ASEAN Centre for Active Ageing and Innovation (ACAI) Independent Review Panel (IRP) Workshop 1	ASEAN Centre for Active Ageing and Innovation (ACAI) Independent Review Panel (IRP) Workshop 2
12:00 PM — 1:30 PM: Lunch Break						
1:30 PM — 4:30 PM	Demonstration CPR & BEFAST Demonstration Games Traditional Games & Activities	Fit & Fun: Let's Play For Health	Healthy Habits, Healthy Teeth	Educational Games & Activities Department of Renal Services	ACAI Board and IRP Meeting	Cardio4Cities Meeting

End of Day 2

SCIENTIFIC CONFERENCE

Day 3 — Friday, 10th October 2025

Time	Plenary Hall @ Musyawarah Hall	Parallel Room 1 @ Sepakat 3	Parallel Room 2 @ Sepakat 4	Parallel Room 3 @ Sepakat 5	Parallel Room 4 @ Sejati 3	Parallel Room 5 @ Sejati 4
8:30 AM — 10:15 AM		"Mind Matters: Mental Health & NCD Care" From Resistance to Compliance: Behavioural strategies for improving adherence <i>SN Karmayunika Khamsiah Hj Kassim & Qudsiyah Haji Tassim</i> The Hidden Links between childhood stress, trauma and future chronic diseases <i>Dr Hjh Shaheen Zinna bte Dato Paduka Dr Hj Shaukat Zinna</i>	"Empowering Ageing: From Care to Quality of Life" Integrated Care for Older People (ICOPE): Advancing Quality, Dignity, and Healthy Ageing <i>Siti Munawwarah Awang Tariff</i> Muscle and Bone Health <i>Dr Salwa Abdul Rahman</i> Fall Assessment and Management <i>Dr Shinn Thant</i> Non-pharmacology Interventions for Sarcopenia and Falls <i>Dr Abdul Mateen Afa'addin Mohidin</i>	Joint Public Sessions (Malay) Session 1 Your Heart Matters The effects of food on LDL cholesterol level <i>Arfah binti Mohd Taib</i> Healthy heart, Healthy life — Understanding cardiac rehabilitation <i>Ms Logavalli Bahaulayan</i> Heart disease: It's Everyone's Matter <i>Pg Dr Md Nadzir bin Pg Mohd Juanda</i>	Joint Public Sessions (Malay) Disease Awareness and Selfcare Power of Screening (HPV, Colorectal Cancer, Cardiovascular Disease, Breast Cancer) <i>By Community Health Care Nurse-Led (Screening campaign)</i> Know your Numbers: Blood Pressure, Sugar Level and Cholesterol <i>By Diabetic Nurse Educator (SSBH) & Cardiovascular Nurse-Led Nurse (RIPASH)</i>	Workshop: Motivational Interviewing (Prior registration)

10:15 AM — 10:30 AM: Coffee Break & Networking

10:30 AM — 11:30 AM		Mental Health Journeys and Voices of Experience: Stories of Resilience and Hope <i>People with lived experiences</i>	Hypertension, Hyperlipidaemia and Heart Failure guideline-based treatment for older people <i>Dr Abdul Muiz Zulaidi</i> Palliative Care <i>Dr Muhd Yusuf Shaharudin</i> Assessment and Management of Cognitive Impairment <i>Dr Amanina Nabihah Matsah</i>	Joint Public Sessions (English) Session 2 Your Heart Matters The effects of food on LDL cholesterol level <i>Arfah binti Mohd Taib</i> Healthy heart, Healthy life — Understanding cardiac rehabilitation <i>Ms Logavalli Bahaulayan</i> Heart disease: It's Everyone's Matter <i>Pg Dr Md Nadzir bin Pg Mohd Juanda</i>	Joint Public Sessions (Malay) Disease Awareness and Selfcare Living Well with NCDs Renal Perspectives (Support System) <i>By Renal Nurse</i>	Workshop: Motivational Interviewing (Prior registration)
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11:30 AM — 2:00 PM: **Friday Prayer & Lunch Break**

Day 3 — Friday, 10th October 2025

Time	Plenary Hall @ Musyawarah Hall	Parallel Room 1 @ Sepakat 3	Parallel Room 2 @ Sepakat 4	Parallel Room 3 @ Sepakat 5	Parallel Room 4 @ Sejati 3	Parallel Room 5 @ Sejati 4
2:30 PM — 3:30 PM	Joint Public Session: World Mental Health Day 2025 Event “Building Resilience amidst Catastrophes — A journey of Tawakkul” <i>Keynote Speaker</i> <i>Ustazah Shameem Sultanah</i>	“Building Mental Health Resilience” Occupational Psychological First Aid Training <i>Dr Hj Munir bin Dato Paduka Hj Metassan, KARE Clinic</i> Integrasi Terapi Al-Qur'an Dan Neurofeedback Dalam Pembangunan Modul "Neuro 'Ilaj Al-Qur'an" Bagi Mencapai Kesihatan Mental <i>Nurbazilah Sakynah binti Tahir</i>	“AHP Potpourri” Bridging the Gap: Physiotherapists as Key Partners in Obesity Management <i>Hizarina bte Haji Sapa, Physiotherapist</i> Low and Steady Wins the Race: GI Strategies for T2DM <i>Jacyn Pang Dietician, RIPASH</i> Beyond the Heart: The Effects of Comprehensive Cardiac Rehabilitation <i>Jong Seng Khiong Senior Occupational Therapist, RIPASH</i> Brunei's Peripheral Arterial Disease Prevalence and its Associated Risk Factors in Type 2 Diabetes Mellitus <i>Hjh Majidah Hj Suhip Podiatrist, RIPASH</i> Stress Management Techniques for Chronic Disease Patients <i>Yvonne Lee Keen Lyn - Clinical Psychologist</i>	“Medical Officer Medley” Essentials in Action: Managing NCDs on the Ground” POV: Delivering non-communicable disease services through primary health care <i>Dr Chong Jia Xin (PHC SMO)</i> Identification and interventions for chronic kidney disease in primary health care <i>Dr Seit Mei Chien (PHC SMO)</i> Non traditional risk factors for ischemic stroke <i>Dr Hazirah (Neurology MO)</i> The Impact of Non-compliance and Defaulter in Intracerebral Haemorrhage Patients in Neurocritical Care <i>Dr Nurulhuda (Neurocritical care)</i> Oncological Emergencies <i>Dr Thu Tha</i>	Joint Public Sessions — “Calming Hearts & Healing Minds: Exploring Spiritual Aspects of Mental Health” From Chaos to Calm: Relaxation and Grounding Techniques for Emotional Balance <i>Suriati Hj Khamis & Nur Qamarina Syafiqah bte Jufri</i> Tenanglah Wahai Hati: Menghadapi Tekanan Hidup Menurut Panduan Islam <i>Md Syahirul Syazwan bin Rashid & Muhammad Zulhusni bin Haji Mohd. Suhaini</i>	Workshop: NCD Research NCD Incubator <i>Dr Chong Vui Heng Pg Dr Nur'Ashikin binti Pg Dato Paduka Haji Tengah Dr Lubna Razak Dr Nik Tuah</i>

3:30 PM — 3:45 PM: Coffee Break & Networking

3:45 PM — 5:00 PM	WMHD 2025 Mini Exhibition	ORAL ABSTRACT PRESENTATION	“AHP Potpourri” (Cont'd) Early Mobilisation and Rehabilitation in Stroke Patients in ICU <i>Nuryasmin Hj Abu Bakar - Physiotherapist</i> Harapan Program - Rehabilitation Therapy in Gynaecological Cancer <i>Jong Seng Khiong Senior Occupational Therapist, RIPASH</i>	“Medical Officer Medley” (Cont'd) Medical management of acutely disturbed patients <i>Dr Kelvin Soo Chu (Psychiatry MO)</i> Spotting the red flags: Early identification of Mental Health disorders in children <i>Dr Muhammad Yazakka (Psychiatry MO)</i> Consequences of Obesity on NCDs <i>Dr Ahmad Adam Ibrahim</i>	Joint Public Sessions — “Calming Hearts & Healing Minds: Exploring Spiritual Aspects of Mental Health” (Cont'd) Kursus Asas Kesihatan Mental dan Implikasinya dalam Penyelidikan Pendidikan Islam: Penggunaan Instrumen SRQ dan DASS <i>Pg Siti Katijah bte Pg Sulaiman & Awang Abdul Rahman bin Hj Ajak</i> Kursus Asas Kesihatan Mental: Menenal Gangguan Mental atau Gangguan Mistik? <i>Abdul Khaliq bin Awak Muhammad Yusri bin Haji Abd Majid</i>	Workshop: NCD Research NCD Incubator <i>Dr Chong Vui Heng Pg Dr Nur'Ashikin binti Pg Dato Paduka Haji Tengah Dr Lubna Razak Dr Nik Tuah</i>
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End of Day 3

SCIENTIFIC CONFERENCE

Day 4 — Saturday, 11th October 2025

Time	Plenary Hall @ Musyawarah Hall	Parallel Room 1 @ Sepakat 3	Parallel Room 2 @ Sepakat 4	Parallel Room 3 @ Sepakat 5	Parallel Room 4 @ Sejati 3	Parallel Room 5 @ Sejati 4
8:30 AM — 10:15 AM	Inauguration Ceremony for NCD 2025 — Bridging Communities and Healthcare Welcoming Address Keynote Session 1: NCD Actions: Bridging Communities & Healthcare <i>Dr Rabindra Abeyasinghe (WHO Representative and Head of WHO Country Office to Malaysia, Brunei Darussalam and Singapore)</i> Keynote Session 2: BruMap-NCD: Insights on the Roadmap to a Healthier Nation <i>Dr Norhayati Kassim</i>	Public Sessions: Civil Servants/Walk-in Calculation of Body Mass Index (BMI) Understanding Obesity: What It Means for Our Health <i>Dr Adibah Salleh, Medical Officer Endocrine Centre, RIPAS Hospital</i> Fueling your body for wellness: A guide to healthy eating <i>Joycelyn Lim Clinical Dietitian, RIPAS Hospital</i> Small moves, Big Wins <i>Dr Syukri Rahim, Senior Medical Officer Sports & Exercise Medicine</i> Everyone tells you to lose weight, but no one wants you to lose weight. <i>Yeo Zhuo Ei, AHP Officer (Psychology)</i>			Public Sessions: PKWE / Older persons/ Carers Living Well as We Age: Practical Tips for Healthy Ageing <i>Dr Teo Shyh Poh Pg Dr Muhammad Ali Pg Anak Rosledzana</i> Energise Your Years: The Power of Movement After 60 <i>Nuraimi Mahirah Ismail Nur Zaherah Fitri Hj Md Yakub</i>	Public Sessions: Child Care Centres Building Strong Foundations: National Nutrition and Physical Activity Guidelines for Childcare Centres in Brunei Darussalam <i>Nurhaima Haji Muheni @ Haji Suhaimi</i> Healthy Screen Time Guide for Kids and Teens <i>Hanisah CDC Psychology</i>

10:15 AM — 10:30 AM: Coffee Break & Networking

10:30 AM — 12:00 PM	Digital Health Track: “One Nation, One Platform, One Fight: Brunei’s Digital Response to NCDs” Session 1: The Role of AI and Digital Tools in Early NCD Detection Panelist 1: Overview of Brunei’s National Digital Health Screening Strategy <i>Dr Hj Zulhilmil POKHP DSS Hj Abdullah</i> Panelist 2: Implementation of the Diabetic Retinopathy AI Screening Programme <i>Dr Hjh Helena POKSJ DP Hj Hurairah</i> Panelist 3: Empowering Diabetes Care Through Digital Innovation: BALANCE Programme <i>Dr Lina Chong Pui Lin</i> Panelist 4: Technical Enabler of AI and Digital Screening Platform <i>Florence Yapp, EVYD Technology</i>	Joint Public sessions: Lifestyle Track: “The Power of Daily Choices: From personal habits to healthy societies” Prescription For Physician Burnout <i>Dr Sivaneswaran Poobalasingam, Malaysia</i> Advancing Public Health Through Healthy Eating Policies and Programmes in Brunei Darussalam <i>Dr Faezah Binti Dato Hj Mohd Amin</i> Debunking Cancer Diet Myths <i>Cheng Yie Chynn</i>	Expert insights (Cont’d) “Nutrition in Practice: Care Planning and Chrononutrition for Better Outcomes” Nutrition Care Process in Tackling NCDs: From Framework to Impact <i>Jamilah Abdul Jamil (IMU)</i> Eating by the clock: insights into chrononutrition and health in Brunei Darussalam <i>Nurulsyahirah binti Awang Marshidi</i>	Sponsors Medley Cardiovascular Risk Awareness <i>Novartis Corporation (Malaysia) Sdn Bhd</i> Unveiling the Cardiovascular Disease Burden <i>Dr Gurudevan A/L Mahadevan, Consultant Cardiologist, Hospital Sultanah Aminah</i> Integrity of Supply Chain During Pandemic & Lessons from Covid-19: Malaysia Pharmaceutical Industry Perspective <i>Cheah Ming Loong Chief Operating Officer, Kotra Pharma</i>	Public Session: PKWE / Older persons/ Carers Dignity in Care: Protecting Our Loved Ones from Pressure Sores <i>Dr Haji Muhd Nurhasanuddin Abdullah Kelali</i> Practical Demonstrations	Public Sessions: Civil Servants Nourishing the Nation: Insight from the National Dietary Guidelines Interactive sessions
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12:00 PM — 1:30 PM: Lunch Break

Day 4 — Saturday, 11th October 2025

Time	Plenary Hall @ Musyawarah Hall	Parallel Room 1 @ Sepakat 3	Parallel Room 2 @ Sepakat 4	Parallel Room 3 @ Sepakat 5	Parallel Room 4 @ Sejati 3	Parallel Room 5 @ Sejati 4
1:30 PM — 3:30 PM	Digital Health Track: “One Nation, One Platform, One Fight: Brunei’s Digital Response to NCDs” (Cont’d) Session 2 (Fireside Chat): From Data to Insights — Strengthening NCD Surveillance and Strategy Panelist 1: Strategic Vision Behind Brunei’s Data-Driven Health Model <i>Dr Azmi (CMIO)</i> Panelist 2: Role of the Evidenced Data Lake and Analytical Dashboards <i>Alvin (Evid)</i> Panelist 3: Technical Implementation and National Data Exchange <i>Peisha/ Hj Rudy (HTD)</i> Session 3: Bringing Care Closer — Digital Tools for Self-Management and Point-of-Care Support Panelist 1: Balance Programme Demonstration <i>Dr Lina Chong Pui Lin</i> Panelist 2: Platform development and technical enablers <i>Ling ling (Evid)</i> Panelist 3: Public engagement via platforms Health Promotion Team (BNOTM) TBC Panelist 4: Real-world experience using digital tools <i>Patient/User Representative</i>	Lifestyle Track: “The Power of Daily Choices: From personal habits to healthy societies” (Cont’d) Exercise is Medicine: Theory vs Reality <i>Dr Adrian Lim</i> Stronger for Longer: Physiotherapy in Sarcopenia and Fall prevention <i>Nuraimi Mahirah Ismail</i> Pulmonary Rehabilitation: Pathways to Breathing Better <i>Syazwani Rasyidah Hj Md Salleh, Physiotherapist, RIPAS Hospital</i> Effects of gaming & screen time on Mental Health <i>Dr Shaheen Zinna</i> Tobacco control in Brunei Darussalam <i>Dr Norhayati Ahmad</i>	Expert insights “Beyond the Usual Suspects: Emerging Challenges in NCD Prevention” Key NCD risk factors & disease burden in ASEAN countries <i>Dr Ong Sok King</i> Bridging the gap: improving diabetes outcome through health literacy <i>Dr Yung Chee Kwang</i> From Awareness to Action: Approaches to Back Pain Prevention <i>Dr Dawn Anthony</i> COPD and NCD <i>Dr Hjñ Ezatul Shima Hj Azahari</i>	ORAL ABSTRACT PRESENTATION	Public Sessions: Multi-Sectoral “Shaping a Healthier Future: Dialogue Session with Food & Beverage Industries” Session 1: Panel Discussion on Strengthening Food Labelling Policies in Brunei Darussalam (with HPC, DSS, BDFA, BEDB) Session 2: Healthier Choice Initiatives	Workshop: Motivational Interviewing (Prior registration)

3:30 PM — 3:45 PM: Coffee Break & Networking

3:45 PM — 4:45 PM	Digital Health Track: “One Nation, One Platform, One Fight: Brunei’s Digital Response to NCDs” (Cont’d) Session 4: Bridging the Digital Divide — Empowering Every Bruneian in the Digital Health Era Panelist 1: Building public trust during COVID and Beyond <i>MoH Corporate Communications (TBC)</i> Panelist 2: Mobilizing digital adoption through media and youth <i>AiTi Representative or Local Influencer (TBC)</i> Panelist 3: Embedding digital health in the education Curriculum <i>Ministry of Education Officer (TBC)</i>	Lifestyle Track: “The Power of Daily Choices: From personal habits to healthy societies” (Cont’d) Improving parks & connectivity for physical activity, recreation & mental health <i>Puan Dr Marsita Omar, Commissioner TCP, Ministry of Development</i> Investing in People: workplace wellness and the fight against NCDs <i>Najib Anuar, BIBD</i> Community actions for NCDs - Health-promoting schools in Brunei Darussalam <i>Dr Norol-Ehsan Hj Abd Hamid</i>		Joint Public Sessions: PEACE by Piece: Strengthening Mental Health and Reducing Stigma through Literacy and Self-Care Empowerment	Public Sessions: MSMEs Session 3: Code of Responsible Marketing on Food Beverages for Children	Workshop: Motivational Interviewing (Prior registration)
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End of Day 4

SCIENTIFIC CONFERENCE

Day 5 — Sunday, 12th October 2025

Time	Plenary Hall @ Musyawarah Hall	Parallel Room 1 @ Sepakat 3	Parallel Room 2 @ Sepakat 4	Parallel Room 3 @ Sepakat 5	Parallel Room 4 @ Sejati 3	Parallel Room 5 @ Sejati 4
8:30 AM — 10:15 AM	Keynote Session 3: Cost-effective NCD interventions <i>Dr Rolando Enrique Domingo</i> Coordinator for NCD Management WHO Office for the Western Pacific Region Keynote Session 4: The Role of Lifestyle Medicine in Revitalising Healthcare <i>Dr Sivanewaran Poobalasingam</i> Chair, Advisory Board, Lifestyle Medicine Global Alliance, Founding President, Malaysia Society of Lifestyle, Malaysia Plenary series: Innovative NCD strategies National Health Screening Programme <i>Dr Siti Zuhriani Haji Kahan</i> Medical Officer, Brunei Centre for Disease Control and Prevention Innovative Practices and Task Shifting Strategies <i>Dr Aizuniza binti Abdullah</i> Public Health Medical Consultant, Ministry of Health, Malaysia				Public Sessions: Session 1 How climate affects our everyday health <i>Pg Dr Noor Afizah bte PHA Rahman</i> Session 2 Microplastics and Health: Migration of Bisphenol A and its Analogues from Food Contact Materials into Food <i>Ms Hjh Masayu Sa'adatul Amalina Bte Hj Mohd Yussof</i> Scientific Officer, Department of Scientific Services, MOH	Workshop: Rethink. Refocus. Reimagine: Applying the Nutrition Care Process as Framework in T2DM Management <i>Jamilah Abdul Jamil (IMU)</i>

10:15 AM — 10:30 AM: Coffee Break & Networking

Time	Plenary series: From Burden to Breakthrough: Rewriting the Obesity Narrative	Expert insights	From Clinic to Community: Interdisciplinary Innovations in Care	Public Sessions:	Public Sessions:	Public Sessions:
10:30 AM — 12:00 PM	Mapping the Obesity Epidemic in Brunei: Data, Determinants, and Directions <i>Dr Alice Yong Moi Ling</i> Obesity Pharmacotherapy: The Conventional, the Novel and the Pipelines <i>Dr Tham Kwang Wei</i> Obesity Management by Mindful Change <i>Norshahzuani Hj Azaman</i>	Secondary prevention in ischemic stroke <i>Dr. Dk Hjh Norazieda Pg Hj Mohd Yassin</i> Chronic Kidney Disease in Brunei: Burden, Services and Evidence-Based Treatments <i>Dr Lim Ye Yin</i> Drug Induced Cardiomyopathy <i>Dr Mancy Jacob Oommen</i> Demystifying Cancer Therapies <i>Dr Aisyah Ibrahim</i>	Dementia Activity Support Groups and their roles in Non Communicable Diseases <i>Mrs Pg Zawatilamal Bte Pg Hj Ismail</i> The Role of Epilepsy Nurse-led clinic in Advancing NCD management <i>Ms Suriyati Kalman</i> Nursing Role in the management of patients with Motor Neuro Disease in Specialist Medical Services, JPMC <i>Rosimah Sidek</i> Sustaining Wellness in Parkinson's Disease - Lifelong Physiotherapy and Multidisciplinary Care <i>Mr Anoop Vellancheri Kalathil</i> Role of FEES in safe swallowing <i>Ms Agnes Chong</i> <i>Pg Dr Norsuhaznah Pg Suhaili</i>	Living Well with NCDs — Stories of Resilience and Rehab Fireside chat	Migraine wellness <i>Hjh. Roaiha G. Mustala</i> Staff Nurse, BNSRC Neuroward JPMC Temporomandibular Joint Dysfunction Syndrome <i>Dr. Hisham Bin Majid, MFPRSC</i> Living with back pain - Physiotherapy	Unpacking Hemorrhagic Stroke — The Silent Thunderstorm Fireside talks

12:00 PM — 1:30 PM: Lunch Break

Day 5 — Sunday, 12th October 2025

Time	Plenary Hall @ Musyawarah Hall	Parallel Room 1 @ Sepakat 3	Parallel Room 2 @ Sepakat 4	Parallel Room 3 @ Sepakat 5	Parallel Room 4 @ Sejati 3	Parallel Room 5 @ Sejati 4
1:30 PM — 3:30 PM	NCD Best buy elevator pitch Primary Health Care - Dr Hj Zulhimi POKHP DSS Hj Abdullah Disease Control Division - Dr Mohammad Fathi bin Dato Paduka Haji Alikhan Cardiology - Dr Mohammad Ezam bin Emran Nephrology - Dr Jackson Tan Chee Seng Neurology - Pg Dr Nur'Ashikin binti Pg Dato Paduka Haji Tengah Diabetes - Dr Nurshazwani Mat Salleh Cancer - Dr Hj Muhd Syafiq bin Abdullah Obesity — Dr Alice Yong Moi Ling NCD research agenda Dr Chong Vui Heng	Expert insights (Cont'd) The Role of Food Chemistry Laboratory, DSS, in supporting food labelling for a healthier food choice Mr Hj Md Hilmi bin Md. Taib Brunei Darussalam Food Safety Legislations Pg Nur Halimatussaadia Pg Hj Mohd Alias Director of Standards and Risk Assessment Department, Brunei Darussalam Food Authority (BDFA)	“Beyond the Price Tag: The Role of Health Economics in Strategic Innovation for NCD Prevention and Management” Assoc. Prof. Dr Amrizal Muhammad Nur Session 1: From Costs to Choices: Uncovering the Hidden Economic Burden and Identifying High-Value Solutions for NCDs in Brunei Session 2: Smarter Health Decisions: Integrating Health Economic Evaluation and HTA to Drive Policy Innovation for NCDs Session-3 Cost and Cost-Effectiveness Analysis of an NCD: A Practical Demo	ORAL ABSTRACT PRESENTATION	Public Sessions: Asthma Awareness	

3:30 PM — 3:45 PM: Coffee Break & Networking

3:45 PM — 4:30 PM	Closing ceremony Oral Presentations by Top 3 Finalists Closing Speech Pg Dr Nur'Ashikin binti Pg Dato Paduka Haji Tengah Award Ceremony for the Top 3 Poster Presentations Award Ceremony for the Top 3 Oral Finalists					
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End of Day 5

Please note maximum occupancy of each session. Admittance will be on a first come first served basis. The organisers reserve the right to limit entry based on maximum occupancy.



Medicorp Sdn Bhd, established in 2003, is a trusted provider of laboratory products, medical equipment, medical consumables and pharmaceuticals.

Our mission is to improve quality of life and strengthen Brunei's healthcare system through greater access to reliable medical solutions.

Driven by a commitment to the highest standards of integrity, we strive to deliver high-quality products and excellent service.

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Medicorp has supplied over 2,000 different types of medical equipment nationwide, many of which are serviced by our trained in-house Engineers.



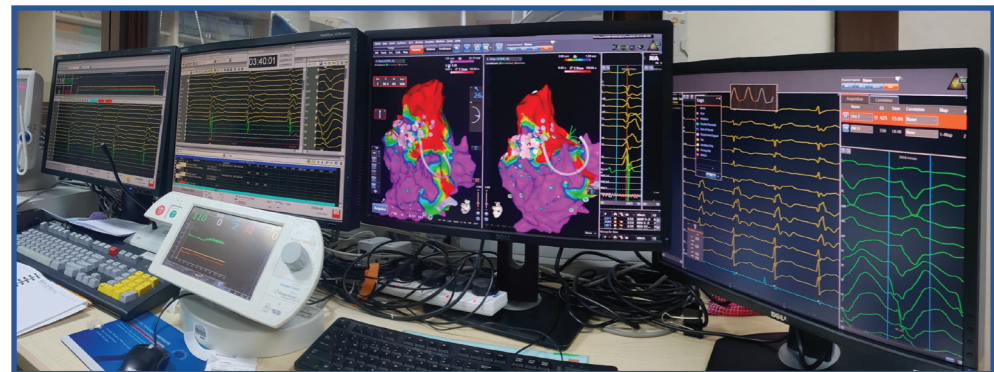
Renal Department:
Vantive (Previously
Baxter) AK98

Supply and supported
Tutong Dialysis Centre
since 2024.

Supply and supported
Kuala Belait Dialysis
Centre and SSBH
since 2012.



Clinical Chemistry: Abbott Diagnostics Track System with
Clinical Chemistry and Immunoassay Analyzers



Cardiology Department: Providing in-house expert clinical
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